



**Keele Good Practice Day on
Deprescribing and Polypharmacy**
Thursday 4 April 2019

**Room PD017, New Science Centre, PD Building,
University of Wolverhampton Science Park, Technology Centre, Glashier Drive,
Wolverhampton, WV10 9RU**

*A free event for Healthcare Professionals associated with CCGs subscribing
to the Keele Prescribing Support Service**

TARGET AUDIENCE

GP Practice Based Pharmacists, Pharmacy Technicians and Medicines Optimisation Leads

After this event delegates will be able to:

- Apply evidence-based medicine principles to specific patients and populations to implement clinical guidelines, act on audit findings and reduce variation in prescribing
- Demonstrate an understanding of the major theories underpinning decision-making in health care
- Reflect on the implications for their practice, including how they might make decisions better
- Can explain and demonstrate the principles of patient-centred care and shared decision-making
- Reflect on how patient-centred their own approach is
- Explain how the Montgomery ruling affects clinical care and medicines optimisation
- Formulate an approach to SDM, especially when a PDA is appropriate
- Demonstrate an evidence-based approach to deprescribing in people with problematic polypharmacy

AGENDA

Time	Sessions and Activities	Who
09:30	Arrival and Registration	
10:00	Introduction to the day	Jonathan Underhill
10:15 – 11:15	Shared decision-making: the importance of making evidence-informed decisions with patients	Jonathan Underhill, Medicines Clinical Adviser, NICE / Honorary Lecturer, School of Pharmacy
11:30 – 12:30	Deprescribing: legal considerations and informed consent	Nina Barnett, Consultant Pharmacist, London Northwest University Healthcare NHS Trust
12:30	Lunch	
1:30 - 2:30	Medication reviews and deprescribing in the elderly and care home patients	Stuart Hutchinson, Consultant Geriatrics, Wolverhampton NHS Trust
2:30 – 2:45	The role of the Older Persons Specialist Pharmacist / Integration of Medicines Optimisation in Care Homes Resource	Rachael Thornton, Older Persons Specialist Pharmacist, Dudley CCG
2:45 – 3:00	Dudley CCG plans for population health and managing polypharmacy and de-prescribing	Clair Huckerby, Consultant Pharmacist, Primary Care Medicines Optimisation Dudley CCG
3:00 – 3:30	Wrap up, feedback and action planning	Ray Fitzpatrick, Secondary Care Adviser/Honorary Professor, Keele University
3:30	Close	