

**ACTION/LEARNING Points**

(Notes made during the final reflection period at the end of the day)

- Trial of reducing or stopping medicines or review
- Greater focus on Informed consent
- Patient values vs guidelines
- Documentation
- Stop lactulose!!!!!!!!!!
- Education for GPs in practices – share the word
- Clinical supervision and peer review of pharmacists across CCGs – shared learning (CPD)
- NHS Scotland polypharmacy app
- Explaining to patients the process of deprescribing in a positive/constructive way
- Continual medication review
- Anticoagulation medication – lifelong treatment??
- Difficult for specialist teams to get meds review out of speciality. If GP initiated, should it be stopped?
- Ask what the patient wants
- More BRAN! (Consideration of Benefits, Risks, Alternatives, or do Nothing)